

July 2025

WOMEN COMMITTED TO
WORKS THAT GLORIFY GOD

MORNING MANNA



Every Monday through Friday at 7:00 AM
Dial-in # **716-427-1083** • Access Code # **788764**

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Wear
White

Wear
Red

Wear
Pink

Wear
White

		1 MORNING MANNA MONDAY THROUGH FRIDAY 7AM CONCERNED CRUSADERS 6 PM SUPPORT SESSIONS (COUNSELOR & PRAYER WARRIORS) HOUR OF POWER PRAYER SERVICE 7PM WITH SPECIAL GUEST EVANGELIST CONNIE RUSSELL Study Scripture Ephesians 1:1-6 Daily Scripture 1 Peter 2:5-10 Daily Psalm Psalm 54	2 Study Scripture Ephesians 1:7-14 Daily Scripture Acts 19:1-6 Daily Psalm Psalm 46:1-5	3 Study Scripture Ephesians 1:15-23 Daily Scripture 1 John 4:1-6 Daily Psalm Psalm 91	4 SPECIAL PRAYER FOR THE NATION 8:00 AM Daily Psalm Psalm 91	5 Study Scripture Mark 3:20-35 Daily Scripture Psalm 136:1-3
6 SUNDAY WORSHIP EXPERIENCE MORNING GLORY 9AM MOTHER FRANCES KELLEY REDEDICATION SERVICE & COMMUNION 9:30AM WITH GUEST PSALMIST CARLA TOLBERT TAYLOR	7 MORNING MANNA MONDAY THROUGH FRIDAY 7AM Study Scripture Ephesians 2:1-10 Daily Scripture Colossians 2:11-15 Daily Psalm Psalm 27:1-6	8 CONCERNED CRUSADERS 6 PM SUPPORT SESSIONS (COUNSELOR & PRAYER WARRIORS) HOUR OF POWER PRAYER SERVICE 7PM WITH SPECIAL GUEST DR. DEMETRIUS SPRINGFIELD BANKS Study Scripture Ephesians 2:11-22 Daily Scripture 2 Corinthians 5:12-21 Daily Psalm Psalm 30:1-4	9 Study Scripture Ephesians 3:1-13 Daily Scripture Mark 4:11-20 Daily Psalm Psalm 34:1-8	10 Study Scripture Ephesians 3:14-21 Daily Scripture Acts 1:3-8 Daily Psalm Psalm 34:9-22	11 Study Scripture Ephesians 4:1-11 Daily Scripture 1 Corinthians 12: 4-11 Daily Psalm Psalm 111	12 REAL TALK: GARDEN CHAT 10:00 AM - NOON Study Scripture Mark 7:1-37 Daily Scripture Psalm 149:1
13 SUNDAY WORSHIP EXPERIENCE - 9:30 AM POWER OF THE BLOOD GUEST SPEAKER MOTHER MADDALINE NORFLEET GUEST PSALMIST LENA BYRD-MILES	14 MORNING MANNA MONDAY THROUGH FRIDAY 7AM Study Scripture Ephesians 4:12-16 Daily Scripture Philippians 2: 5-11 Daily Psalm Psalm 1	15 TENNESSEE 4TH JURISDICTIONAL AIM Study Scripture Ephesians 4:17-32 Daily Scripture 1 Thessalonians 5:12-22 Daily Psalm Psalm 100	16 TENNESSEE 4TH TRIAD 6/16 - 6/19 Study Scripture Ephesians 5:1-17 Daily Scripture Hebrews 13:12-15 Daily Psalm Psalm 113	17 Study Scripture Ephesians 5:18-24 Daily Scripture Matthews 6:33-40 Daily Psalm Psalm 121	18 Study Scripture Ephesians 5:25-33 Daily Scripture Matthews 6:47-51 Daily Psalm Psalm 145:1-11	19 Study Scripture Mark 11:1-19 Daily Scripture Psalm 113:4
20 SUNDAY WORSHIP EXPERIENCE - 9:30 AM YOUNG LADIES DAY GUEST SPEAKER EVG. MARISSA GUEST PSALMIST KIERRA SHEARD FARROW REAL TALK LUNCHEON FREE	21 MORNING MANNA MONDAY THROUGH FRIDAY 7AM VACATION BIBLE SCHOOL JULY 21-25 10AM-2:00PM FEED THE CHILDREN 12:00PM - 1:00PM Study Scripture Ephesians 6:1-9 Daily Scripture Colossians 1:9-11 Daily Psalm Psalm 145:12-21	22 CONCERNED CRUSADERS 6 PM SUPPORT SESSIONS (COUNSELOR & PRAYER WARRIORS) HOUR OF POWER PRAYER SERVICE 7PM WITH SPECIAL GUEST MOTHER CLARA OWENS Study Scripture Ephesians 6:10-13 Daily Scripture Galatians 5:1-7 Daily Psalm Psalm 90:1-11	23 YOUNG WOMEN OF EXCELLENCE 7PM Study Scripture Ephesians 6:14-17 Daily Scripture 1 Thessalonians 5:23-28 Daily Psalm Psalm 90:12-17	24 Study Scripture Ephesians 6:18-20 Daily Scripture Luke 10:38-42 Daily Psalm Psalm 103:1-6	25 IGNITING THE FIRE WITHIN: LIVING WHOLE WHILE SINGLE 6PM Study Scripture Ephesians 6:21-24 Daily Scripture John 4:34-38 Daily Psalm Psalm 150	26 Day of Community Service Study Scripture Mark 14:22-42 Daily Scripture Matthew 5:16
ANNUAL WOMEN'S DAY 27 SUNDAY WORSHIP EXPERIENCE - 9:30 AM OFFICIAL DAY GUEST PSALMIST SPEAKER ERICA DR. BARBARA CAMPBELL BRYANT CHOIR CONCERT 6:30PM	28	29	30	31		



Weekly Diet
Restrictions

Week 1: No sugar
Week 2: No white flour (example white bread)
Week 3: No red meat
Week 4: No poultry

The last week you are not
eating sugar, white flour, red
meat and poultry.

